

SAGER@10

ACCELERATING GENDER EQUITY IN SCIENCE

Press & Social Media Kit

The 10th anniversary of the Sex and Gender Equity in Research (SAGER) guidelines

GENDRO
ADVANCING SEX AND GENDER EQUITY IN RESEARCH

ease /



OVERVIEW

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THE 10TH ANNIVERSARY OF THE SAGER GUIDELINES

02

The [Sex and Gender Equity in Research \(SAGER\) guidelines](#) were developed under the auspices of the European Association of Science Editors (EASE) in 2016.

When the [EASE Gender Policy Committee](#) concluded its mandate in 2021, [GENDRO, a global non-profit organisation](#), assumed leading responsibility of the SAGER guidelines, continuing in close collaboration with EASE, to promote their wider dissemination and adoption. EASE remains a critical partner, continuing to lead the translation of the guidelines into multiple languages, making them accessible well beyond English-language journals.

In 2026, GENDRO and EASE formalised this fruitful partnership through a Memorandum of Understanding, reaffirming their joint commitment to addressing gender evidence gaps in research.

WHAT ARE THE SAGER GUIDELINES?

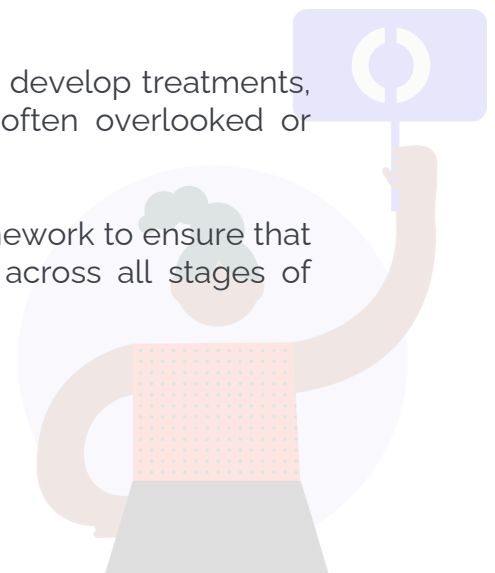
03

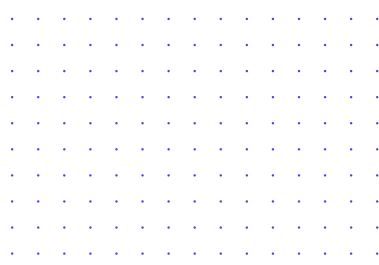
Scientific research shapes how we understand the world, develop treatments, and design policies. Yet, sex and gender are still too often overlooked or inconsistently reported.

The SAGER guidelines provide a globally recognized framework to ensure that sex and gender are properly considered and reported across all stages of research.

They support:

- More accurate science
- Better health and societal outcomes
- Greater research transparency and reproducibility





THE 2 MILLION GOAL

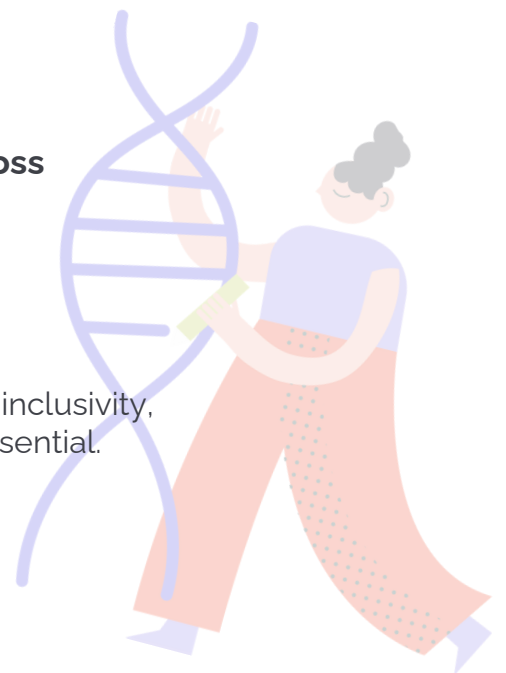
In ten years, the SAGER guidelines have recorded nearly 1.4 million unique accesses^[1], more than 1800 citations, and have been adopted by leading journals, including the Lancet, the BMJ, Nature, and Cell, and major publishers across multiple disciplines, spanning an estimated 9,000 journals. The guidelines have also been adopted by research institutions, including the World Health Organization and its latest addition of the Swiss Tropical and Public Health Institute, reflecting growing recognition of the SAGER guidelines as a research quality standard.

EASE and its partners have also contributed to translating the guidelines into Chinese, Korean, Vietnamese, Turkish, Portuguese, Spanish, German, and Italian.

Despite growing awareness, gaps remain:

- 01** Many studies still fail to disaggregate data by sex
- 02** Gender analysis is often missing or inconsistent
- 03** Research findings may not apply equally across populations

At a time when global challenges demand precision and inclusivity, improving how research accounts for sex and gender are essential.



[1] Accesses is an approximate count of unique views and downloads, and citation counts are provided by dimensions and depend on data availability, based on the journal metrics. As such, the data is likely a conservative estimate. <https://link.springer.com/article/10.1186/s41073-016-0007-6/metrics>



THE IDEA

A standardised framework to integrate sex and gender into research design, analysis, and reporting across disciplines.



THE OUTCOME

More reliable, inclusive, and impactful research that benefits all populations.

The next milestone on this journey is to reach two million unique accesses¹ from researchers, promoting the broader adoption of the SAGER guidelines among key stakeholders.

To reach 2 million unique accesses, we must drive broader adoption of the SAGER guidelines among key stakeholders—specifically,

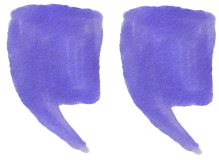
100 LEADING
JOURNALS

15
PUBLISHERS

20 INFLUENTIAL
PUBLIC HEALTH
OR RESEARCH
INSTITUTIONS

Journals, publishers, and research organizations are invited to support the **#SAGER10** anniversary campaign in one or more of the following ways:

- **Adopt the SAGER guidelines** and take measures to implement it.
- **Publish an editorial or Op Ed** reflecting on the role of sex and gender considerations in strengthening research quality and share with us.
- **Join the social media campaign** using #SAGERguidelines and the anniversary special #SAGER10. If you have adopted the SAGER guidelines, share your experience with us as a quote or a short video on LinkedIn, or send it directly to info@gendro.org. We will re-post selected contributions on [GENDRO's & EASE's LinkedIn](#).
- **Bring the SAGER guidelines to your country** by volunteering to help us translate these guidelines into your national languages for a greater, inclusive reach.



"Over the past decade, the SAGER guidelines have established sex and gender equity as a marker of scientific excellence. As these principles face growing challenges, institutionalising the SAGER guidelines is more urgent than ever.

This anniversary is not just a moment to reflect — it is a moment to act with renewed purpose. Our goal is to embed the SAGER principles across the global research ecosystem, as the standard for better, more equitable science."

Dr Shirin Heidari
Director of Gendro
Lead author of the SAGER guidelines

"The 10th anniversary of the SAGER guidelines marks an important milestone in strengthening trust in science through more transparent and inclusive reporting. By systematically addressing sex and gender considerations, these guidelines have improved the rigour, reproducibility, and relevance of research across disciplines.

This aligns closely with EASE's mission to advance editorial quality and support editors with practical standards that enhance the integrity of the scholarly record. As a global editorial community, we see the SAGER guidelines not only as guidance, but as a cornerstone for responsible and trustworthy research communication."

Dr Bahar Mehmani
President of EASE



JOIN THE SAGER@10 SOCIAL MEDIA CAMPAIGN

05

As the SAGER guidelines mark its 10th anniversary, the campaign aims to reach 2 million users.

Take Part!

The SAGER guidelines supports:

- More accurate science
- Better health and societal outcomes
- Greater research transparency and reproducibility

SAGER guidelines provide a standardized framework to integrate sex and gender into research design, analysis, and reporting across disciplines.

The outcome?
More reliable, inclusive, and impactful research that benefits all populations.



Have you adopted the SAGER guidelines?

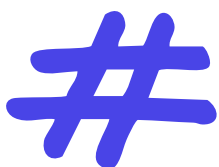
Share your experience with us as a quote or a short video on LinkedIn, or send it directly to info@gendro.org.

We will re-post selected contributions on [GENDRO's & EASE's LinkedIn](#).



[/Gendro-org](#)

[/EASEeditors](#)



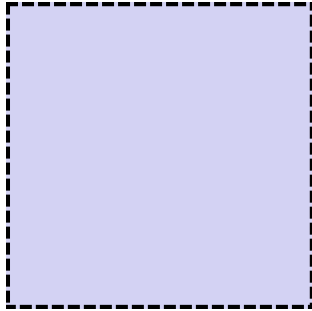
[SAGERGuidelines](#)

[SAGER10](#)

[GenderEquityInResearch](#)

Visual Toolkit

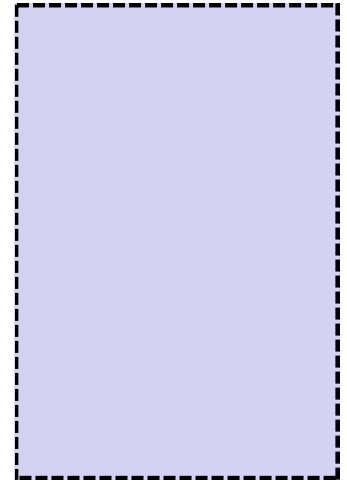
Recommended Visual Formats



Square (1080×1080)
LinkedIn, X



Horizontal (1200×675)
Web, press



Vertical (1080×1920)
Stories

Visual Text Overlays

Short & Strong

- “SAGER at 10”
- “Reaching Two Million Researchers”

Logos GENDRO and EASE

GENDRO



EASE



Click on each logo to download the file

SAGER@10 TEAM

Shirin Heidari, Lead Authors, SAGER guidelines, Director GENDRO

Bahar Mehmani, President of EASE

Mary Hodgson, Secretary EASE

Kala Madhav, Webmaster, GENDRO

Claudia Marcelloni, Senior Communications Advisor, GENDRO

Chetna Krishna Becker, SAGER@10 Social Media Lead, GENDRO

Sara Achik, Communication and Project Coordinator, GENDRO

Emma Jarvis-Ward, Creative Producer, GENDRO

Victoria Jhongchung, Strategic grant and Fundraising Advisor,
GENDRO

Emily Blitz, SAGER@10 Event Manager, GENDRO

Yalda Matin, Intern, GENDRO



MEDIA CONTACTS

GENDRO

Sara Achik, Communication and Project Coordinator
Chetna Krishna Becker, SAGER@10 Social Media Lead

info@gendro.org

EASE

Mary Hodgson, Secretary

secretary@ease.org.uk





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